

BLACK HISTORY MONTH RESOURCES LIST - 2021

	https://sfpl.org/events/2021/02/10/presentation-faces-resistance
2/16	Museum of African Diaspora's Blatant Series: Art, Joy and Rage: bit.ly/3qJohv4
2/20	Presentation: Jan Batiste Adkins, African Americans of San Francisco https://sfpl.org/events/2021/02/20/presentation-jan-batiste-adkins-african-americans-san-francisco
2/20	African Roots and Rhythms with Unique Derique: bit.ly/3pvT7n
2/20-21	Prepping to Publish with Sonora Jha: Workshop for Writers of Color: auntlute.com
2/21	MoAD's African Diaspora Film Club: 'How it Feels to Be Free': bit.ly/39hPjnr
2/24	Presentation: Mrs. Abby Fisher, Former Slave and Cookbook Author https://sfpl.org/events/2021/02/24/presentation-mrs-abby-fisher-former-slave-and-cookbook-author
2/24	Wind Down Wednesday: Good Trouble https://www.si.edu/events/heritagemonth?trumbaEmbed=view%3Devent%26eventid%3D150331982
2/24	Storytime Science for Kids Online: The Color Episode: Available to stream on the Exploratorium YouTube and Facebook channels. 415-528-4444. exploratorium.edu
2/24-27	Coalition of Black Excellence Week Summit '21: Thrive Together: cbonprofit.org
2/27	Tomika Iyalla the Nigerian Queen Presents: Afro Groove: bit.ly/364SH2O
2/28	Call and Response: Intimate Talks with Jazz Icons: livingjazz.org/call-response
2/28	African Book Club: 'Fairytale for Lost Children': bit.ly/36e7poh
Jan-Feb	Museum of African Diaspora (MoAD) https://www.moadsf.org/calendar/ 1/18 Dr. Martin Luther King Jr. National Day of Service 1/19 A Forum on Art, Joy and Rage 1/20, 1/27, 2/3, 2/10 Art & Artists of the African Diaspora 1/21, 2/4, 2/18 Open Mic Night 1/24 African Diaspora Film Club Softie 1/31, 2/28, 3/28 African Book Club
Saturdays	Black Laughs Matter https://www.eventbrite.com/e/black-laughs-matter-virtual-comedy-show-tickets-111384530128?aff=ebdssbonlinesearch
Ongoing	Oakland First Fridays: Black Love Oakland https://www.eventbrite.com/e/oakland-first-fridays-x-black-love-tickets-90890661415?aff=ebdssbdestsearch
Ongoing	CBS Black History Month https://sanfrancisco.cbslocal.com/tag/black-history-month/
2/17-3/31	Grace Cathedral: We Have Made These Lands What They Are: The Architecture of Slavery Exhibit

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	https://gracecathedral.org/calendar-events/the-forum-with-keris-salmon-we-have-made-these-lands-what-they-are/
TBD	The Annual Black Joy Parade Oakland https://www.blackjoyparade.org/
TBD	Black Vines: A Toast to Black Wineries and Diverse Art www.blackvines.net
3/6	Making African America: A Symposium On Immigration And The Changing Dynamics Of Blackness https://nmaahc.si.edu/event/making-african-america-symposium-immigration-and-changing-dynamics-blackness-day-16?trumbaEmbed=view%3Devent%26eventid%3D150139978
3/7	In Conversation: Music and Civil Rights with Marilynn Fowler San Francisco https://deyoung.famsf.org/calendar/free-saturdays-letting-music-tell-civil-rights-story-talk-music-and-civil-rights-marilynn
3/7	Bethlehem Temple Word of Faith Black History Observance Berkeley https://www.eventbrite.com/e/black-history-month-celebration-event-tickets-91633431059?aff=ebdsbdestsearch
EVENT LISTINGS & PROGRAMS for the MONTH and BEYOND	
	San Francisco African American Historical & Cultural Society http://www.sfaahcs.org/events.html
	Bayview Bistro Box https://www.bayviewbistrosf.com/
	African-American Shakespeare Company https://www.african-americanshakes.org/
	De Young - Virtual Wednesdays https://deyoung.famsf.org/virtual-wednesdays Other Film Screenings and Events at the de Young https://deyoung.famsf.org/education/free-saturdays
	Oakland Museum of CA https://museumca.org/omca-at-home Virtually explore "Black Power" https://museumca.org/projects/black-power Virtual Friday Nights https://museumca.org/friday-nights-online
	Museum of African Diaspora https://www.moadsf.org/
	San Francisco Public Library More than a Month 2021 https://sfpl.org/events/special-programs/more-month-2021 Books for kids, teens, and adults
	Visit Oakland: Black History Month https://www.visitoakland.com/black-history-month/
	Walk/Explore the African American Freedom Trail

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	https://www.thefreedomtrail.org/ https://www.sftravel.com/article/african-american-freedom-trail-brochure-partnership
	Additional Events throughout the Bay Area http://theregistrybayarea.com/events/photo/ https://sf.funcheap.com/sf-annual-black-history-festival/ https://www.eventbrite.com/d/ca--oakland/black-history-month/ https://www.sftravel.com/article/celebrate-black-history-month-these-cultural-happenings-san-francisco
	Black History Month 2021: Virtual events, performances and more ways to celebrate in the Bay Area: https://datebook.sfchronicle.com/guide/black-history-month-2021-virtual-events-performances-and-more-ways-to-celebrate-in-the-bay-area
6/10-6/13	San Francisco Black Film Festival https://sfbff.org/wordpress/

TO READ	
	African American History Month collaborative national archive http://africanamericanhistorymonth.gov/
	How Black Lives Have Always Mattered: A Reading List http://www.npr.org/sections/codeswitch/2015/02/15/385789978/how-black-lives-have-always-mattered-a-reading-list
	Learn About Multigenerational Trauma Post Traumatic Slave Syndrome by Dr. Joy DeGruy Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonial Times to the Present by Harriet A. Washington 100 Years of Lynchings by Ralph Ginzburg
	Poetry Foundation: Celebrating Black History Month https://www.poetryfoundation.org/collections/101640/celebrating-black-history-month
	KRON's Book Recommendations for Black History Month Between the World and Me by Ta-Nehisi Coates They Can't Kill Us All by Wesley Lowery White Rage by Carol Anderson The New Jim Crow by Michelle Alexander Race Matters by Cornel West Women, Race, and Class by Angela Y. Davis The Fire Next Time by James Baldwin
	28 Great Books of 2018 by Black Authors https://www.theroot.com/these-28-brilliant-books-by-black-authors-are-the-stand-1831112302
	44 of the Best Books by Black Authors https://www.oprahmag.com/entertainment/books/g26187205/best-books-black-authors/

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<p>Essence Magazine list of 24 Books Written by Black Authors to Read this Winter 2020 https://www.essence.com/entertainment/24-books-black-authors-winter-2020/</p>
<p>Huff Post List of 24 Books to Read to Your Kids https://www.huffpost.com/entry/black-history-month-books_n_5a79a9a8e4b018ad89502122</p>
<p>17 LGBTQ Black Pioneers Who Made History https://www.nbcnews.com/feature/nbc-out/black-history-month-17-lgbtq-black-pioneers-who-made-history-n1130856</p>
<p>1000 Black Girl Books Resource Guide https://grassrootscommunityfoundation.org/1000-black-girl-books-resource-guide/</p>
<p>7 Books by Queer Black Writers https://www.bitchmedia.org/article/books-by-queer-black-authors</p>
<p>Stay engaged with news/politics from the perspectives of people of color year-round ColorLines The Root San Francisco Bay View</p>
<p>This List Of Books, Films And Podcasts About Racism Is A Start, Not A Panacea: https://www.npr.org/sections/codeswitch/2020/06/06/871023438/this-list-of-books-films-and-podcasts-about-racism-is-a-start-not-a-panacea</p>
<p>TO WATCH</p>
<p>San Francisco Public Library "More Than a Month" – collection of 80+ unique film screenings and literary events made available through the library system at every branch https://sfpl.org/events/special-programs/more-month</p>
<p>KQED Black History Programming https://www.kqed.org/search?q=black%20history&site=all</p>
<p>10 "Must Watch" Black History Documentaries http://www.pbs.org/black-culture/explore/10-black-history-documentaries-to-watch/</p>
<p>12 Free Documentaries and Shows about Black History and Racism in America: https://www.kpbs.org/news/2020/jun/10/13-free-documentaries-and-shows-about-black-histor/</p>
<p>57 Black Movies on Netflix: https://www.oprahmag.com/entertainment/tv-movies/g22691091/best-black-movies-netflix/</p>
<p>24 Essential Works of Black Cinema Recommended by Black Directors: https://time.com/5874175/black-cinema-essential-movies/</p>
<p>100 Best Black Movies of the 21st Century: https://editorial.rottentomatoes.com/guide/best-black-movies-21st-century/</p>

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Black America Since MLK: And Still I Rise: <https://www.pbs.org/show/black-america-mlk-and-still-i-rise/>

In this two-part series, Henry Louis Gates, Jr. chronicles the last 50 years of black history through a personal lens. Released days after the 2016 election, some themes of the documentary took on a deeper meaning amid Donald Trump's win. "Think of the civil rights movement to the present as a second Reconstruction — a 50-year Reconstruction — that ended last night," Gates said [in an interview with Salon](#).

Sample Movies/Documentaries with Black Producers, Directors, and/or Lead Characters:

13th; The Black Power Mixtape; What Happened, Miss Simone?; The Black Jacket; Fruitvale Station; The Butler; Selma; Time: The Kalief Browder Story; Nappily Ever After; Barry; Queen of Katwe; Black Panther; Luke Cage; Mudbound; The Death and Life of Marsha P. Johnson

Here's what is new and Black on Netflix!

<https://www.essence.com/entertainment/new-black-and-on-netflix-january-2021/>

The Best TV Shows and Movies by Black Artists, According to Black Artists:

<https://www.glamour.com/story/the-best-tv-shows-and-movies-by-black-artists-according-to-black-artists>

Citizen Film: <http://citizenfilm.org/>

This List Of Books, Films And Podcasts About Racism Is A Start, Not A Panacea:

<https://www.npr.org/sections/codeswitch/2020/06/06/871023438/this-list-of-books-films-and-podcasts-about-racism-is-a-start-not-a-panacea>

TO LISTEN

Podcasts (or Podcast Listings):

[Podcasts in Color](#)

[SYFY 9 Nerdy Podcasts by POC](#)

[Yo, Is This Racist?](#) w/ Andrew Ti & Tawny Newsome

[Still Processing](#)

[12 Podcasts that discuss race and racism](#)

Code Switch: <https://www.npr.org/podcasts/510312/codeswitch>

Still Processing: <https://www.nytimes.com/column/still-processing-podcast>

Throughline from NPR: <https://www.npr.org/podcasts/510333/throughline>

Intersectionality Matters! from The African American Policy Forum:

<https://www.aapf.org/intersectionality-matters>

"The 1619 Project."

Floodlines: <https://www.theatlantic.com/podcasts/floodlines/>

This List Of Books, Films And Podcasts About Racism Is A Start, Not A Panacea:

<https://www.npr.org/sections/codeswitch/2020/06/06/871023438/this-list-of-books-films-and-podcasts-about-racism-is-a-start-not-a-panacea>

MENTAL HEALTH RESOURCES

[Calling out racist behavior in therapy:](#) Academic resources

[BIPOC-authored psychology papers:](#) Link to document with articles related to race, justice, and cultural bias in clinical practice

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Curly Therapist: Inclusive mental health awareness on social justice and racial trauma by Sana I. Powell, M.A., LPC

Inclusive Therapists: Aims to make the process of seeking therapy simpler and safer for all people, especially marginalized populations.

Omniore: A social wellness community for Black women and women of color dedicated to living well.

The Steve Fund: Organization focused on supporting the mental health and emotional well-being of young people of color.

The Allied Minds Co.: Dedicated to the intersection of mental health and social justice.

Mental Health Podcasts by Black Therapists and Therapists of Color:

A Different Perspective by Dr. Amber Thornton

Therapy for Black Girls by Dr. Joy Harden Bradford

Affirm by Davia Roberts

Black Therapist Podcast by Nikita Banks, LCSW

With That Being Said by Esther Boykin, LMFT & Erika Turner, MS

Melanated Social Work Podcast: Shares mental health resources, information, and discussions created and curated by four men of color in the social work field.

BLACK MENTAL HEALTH ORGANIZATIONS

The Aakoma Project: Helps diverse teenagers and their families achieve optimal mental health through dialogue, learning, and the understanding that everyone deserves care and support.

All Walks of Life: Black owned and operated mental and behavioral health facilities in Maryland.

Academic for Black Survival and Wellness: An organization of Black counseling psychologists and their colleagues who practice Black allyship.

Association of Black Psychologists Directory: A listing of psychologists who are members of The Association of Black Psychologists and own and operate their own private practice business or are employed as therapists and have elected to participate in this directory.

Ayana Therapy: - Online Mental Health Therapy for Marginalized & Intersectional Communities.

Black Girls Can Heal: Focuses on helping women of color discover their immense internal power, while eliminating all that is holding them back. Highlights other Black and Brown healing organizations as well.

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[Black Girls Smile Inc.:](#) Promotes positive mental health for young African American girls.

[Black Men Heal:](#) Limited and selective free mental health service opportunities for Black men.

[Black Mental Health Alliance:](#) Provides information and resources and a “Find a Therapist” locator to connect with a culturally competent mental health professional.

[Black Mental Health Visibility:](#) A social enterprise with a mission to provide representation, education and culturally competent support to Black youth in the community.

[Black Mental Wellness:](#) Provides access to evidence-based information and resources about mental health and behavioral health topics from a Black perspective, as well as training opportunities for students and professionals.

[Black Therapists Rock:](#) An organization dedicated to healing the wounds of racism and generational trauma; and includes an online therapists directory through Tru Circle.

[Black Women's Health Imperative:](#) Organization advancing health equity and social justice for Black women through policy, advocacy, education, research and leadership development.

[The Boris Lawrence Henson Foundation:](#) Provides support for and brings awareness to mental health issues that plague the African American community.

[Brother You're on my Mind:](#) An initiative launched by Omega Psi Phi Fraternity, Inc. and NIMHD to raise awareness of the mental health challenges associated with depression and stress that affect Black men and families.

[Brown Girl Therapy:](#) Offers a list through Instagram bio link of mental health care professionals of color who are currently accepting new clients for teletherapy right now as people struggle with the pandemic.

[Dr. Ebony's My Therapy Cards:](#) Self-exploration card deck created by a Black female psychologist for other women of color; created with the intention of helping other women of color grow and elevate in the areas of emotional and mental health.

[Ebony's Mental Health Resources:](#) List of Black-owned and focused mental health resources by state as compiled by Ebony magazine.

[Ethel's Club:](#) The first social and wellness platform designed to celebrate people of color.

[Eustress:](#) Raises awareness on the importance of mental health in underserved communities, allowing individuals to identify and overcome challenges to achieve a healthier and productive lifestyle.

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[Find a Multicultural Therapist:](#) Psychotherapy directory specializing in providing an opportunity for people from different cultural backgrounds to find a therapist who shares their cultural experience.

[The Foundation for Black Women's Wellness:](#) A Wisconsin based non-profit organization committed to mobilizing African American women to pursue and sustain mind-body-spirit wellness, and to raise the visibility and support of Black women's health as a community and public health priority.

[Healing Black Women:](#) A safe space designed to encourage & promote all forms of wellness & health for Black women.

[Henry Health:](#) Provides culturally sensitive self-care support and teletherapy for Black men and their families.

[Inclusive Therapists:](#) Aims to make the process of seeking therapy simpler and safer for all people, especially marginalized populations.

[Innopsych:](#) Connecting faster and easier for people of color to match with a therapist of color; and strives to make therapists of color more visible in the community.

[Lee Thompson Young Foundation:](#) Dedicated to erasing the stigma associated with mental illness, advancing holistic health treatments, and improving the young lives of all those impacted.

[The Loveland Foundation:](#) Provides financial support for therapy for Black women and girls.

[Melanin and Mental Health:](#) Connects individuals with culturally competent clinicians committed to serving the mental health needs of Black & Latinx/Hispanic communities.

[My Brother's Keepers Cares:](#) Strives to remain a consistent support network that people can relate to and rely on within the urban environment.

[National Organization for People of Color Against Suicide:](#) Founded by suicide loss survivor, Dr. Donna Barnes, works to reduce the stigma of suicide prevention among communities of color through training and advocacy.

[The National Queer & Trans Therapists of Color Network:](#) A healing justice organization committed to transforming mental health for queer and trans people of color (QTPOC).

[The Okra Project:](#) A collective that seeks to address the global crisis faced by Black Trans people by bringing home cooked, healthy, and culturally specific meals and resources to Black Trans

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People. Created The Nina Pop and The Tony McDade Mental Health Recovery Fund for Black Trans People.

Ourselfes Black: Provides information on promoting mental health and developing positive coping mechanisms through a podcast, online magazine and online discussion groups.

Project Lets: The Trauma Healing Fund provides grants for Black people to access therapy.

Sista Afya Community Mental Wellness: Sustains the mental wellness of Black women through building community, sharing information, and connecting Black women to quality mental wellness services.

The Swing Project: Non-profit dedicated to promoting mental health awareness throughout the global Black community.

Sober Black Girls Club: A community that provides resources and support to Black girls considering a sober life.

Therapy for Black Men: Directory to help men of color in their search for a therapist.

Therapy for Queer People of Color: Increases access to quality and inclusive mental healthcare for queer and trans folx of color through empowerment and education.

Transparent Black Girl: A wellness collective shattering unconventional stigmas surrounding what it means to be well for Black women.

The Tupac Amaru Shakur Foundation: Addresses mental health conditions and eradicates the effects of trauma on the Black community by providing access to therapeutic resources, creative arts, and education designed to support mental health, physical wellness, and overall development.

UNAPOLOGETICALLY US: Online community for Black women to seek support

ADDITIONAL WEBSITES & ORGANIZATIONS

Support Black-Owned Businesses

<https://www.tuloko.com>

Black Owned Businesses in the Bay Area

<https://baobobdirectory.com/>

Black Owned Bookstores

<https://redtri.com/black-owned-independent-bookstores/>

Marcus Bookstore is right here in the bay area!

Black Owned Restaurants in the Bay Area

<https://projects.sfchronicle.com/2020/black-owned-restaurants/>

Black Female Project

<http://www.blackfemaleproject.org/events>

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Brother, You're On My Mind Toolkit

<https://www.nimhd.nih.gov/programs/edu-training/byomm/toolkit.html>

Trans Women of Color Collective

<https://www.twocc.us/>

GLAAD: Black History Month Resource Kit

<https://www.glaad.org/publications/blackhistorymonthkit>

National Black Disability Coalition: <https://www.blackdisability.org/>

HRC: Black History Month and Black LGBTQ Leaders

<https://www.hrc.org/blog/hrc-marks-black-history-month-and-celebrates-black-lgbtq-leaders>