**CONTINUED PROFESSIONAL DEVELOPMENT (CPD)**

CPD (continued professional development) is the ongoing development of abilities needed for quality professional performance. The California Board of Psychology model, effective 01/01/2023 consists of 15 continuing professional development activities within 4 categories. 36 hours of CPD are required for licensure renewal (every 2 years).

**SPECIFIC TOPIC AREAS REQUIRED**

**Laws and Ethics** Licensees must complete a minimum of 4 hours of training in the subject of laws and ethics as they apply to the practice of psychology. The requirement can be met using any combination of CPD categories.

**Cultural Diversity/Social Justice** Licensees must complete a minimum of 4 hours of training in the subject of cultural diversity and/or social justice as they apply to the practice of psychology. The requirement can be met using any combination of the four CPD categories.

**REMAINING CPD ACTIVITIES AVAILABLE** The following is a summary of CPD learning activities.

| **CE/CPD Activity** | **Maximum # of Hours Allowed Each Renewal Period** | **Hours Credited**  **by Activity** |
| --- | --- | --- |
| **CPD Learning Category #1 – Professional Activity** | | |
| **[1.1] Peer Consultation**  Including, but not limited to case consultation, reading or research groups.  Licensees shall maintain a record of hours. The record shall include the following: date(s), type of activity, and total number of hours. | 1 hour minimum, if used 18 hours maximum | 1 hour of activity = 1 hour credited |
| **[1.2] Practice Outcome Monitoring**  Assessing patient/client outcomes via protocol, including the use of repeated standardized outcome assessment protocols to assess patient/client outcomes.  Licensees shall maintain a record of this activity as documentation of compliance. This record shall include the following: date(s) of monitoring, client identifier, and how outcomes were measured. | 9 hours maximum | 1 patient/client of practice outcome monitoring = 1 hour credited |
| **[1.3] Professional Services**  Including, but not limited to, serving on psychological association boards or committees, editorial boards or peer-reviewed journals related to psychology, scientific grant review teams or board member of regulatory body, program development and/or activities in service of psychology.  Licensees shall maintain a record of this activity as documentation of compliance. This record shall include the following: board or program name, role of licensee, dates of service, and term of service (six months or one year). | 4.5 hours minimum, if used 12 hours maximum | 1 year = 9 hours credited 6 months = 4.5 hours credited |
| **[1.4] Conference/Convention Attendance**  Attendance at professional gatherings, either in person or via electronic means, that consists of multiple concurrent or sequential free-standing presentations related to the practice of psychology.  Licensees shall maintain a record of this activity as documentation of compliance. This record shall include the following: name of conference/convention attended, proof of registration, and date(s) of conference/convention attended. | 6 hours maximum | 1 full conference day attendance = 1 hour credited |
| **[1.5] Examination Functions**  Serving in any function related to examination development for the Board or for the development of the EPPP.  Licensees shall maintain a record of this activity as documentation of compliance. This record shall include the following: name of exam, dates of service, and number of hours. | 12 hours maximum | 1 hour of service = 1 hour credited |
| **[1.6] Expert Review/Consultation**  Expert Review/Consultation means serving in any expert capacity for the Board.  Licensees shall maintain a record of this activity as documentation of compliance. This record shall include the following: dates of service and number of hours. | 12 hours maximum | 1 hour of service in expert capacity = 1 hour credited |
| **[1.7] Attendance at a California Board of Psychology Meeting**  Attendance at a California Board of Psychology Meeting (full Board or Committee).  Licensees shall maintain a record of hours as documentation of compliance. This record shall include the following: date of meeting, name of meeting, and number of hours attended. A psychologist requesting CPD credit pursuant to this subdivision shall have signed in and out on an attendance sheet providing their first and last name, license number, time of arrival and time of departure from the meeting. | 8 hours maximum | 1 day of Board of Committee meeting = 6 hours credited  For Board or Committee meetings that are 3 hours or less, 1 hour of attendance = 1 hour credited |
| **CPD Learning Category #2 – Academic** | | |
| **[2.1] Academic Coursework**  Completing and earning credit for a graduate-level course related to psychology from an institution whose degree meets the requirements of section 2914 of the Code.  Licensees shall maintain a record of this activity. This record shall include a transcript with evidence of a passing grade (C or higher or “pass”). | 18 hours maximum  Each course counts only once for each renewal period | 1 semester unit course = 6 hours credited  1 quarter unit course = 4.5 hours credited |
| **[2.2] Academic/Sponsor-Approved CE Instruction**  Academic Instruction means teaching a graduate-level course that is part of a degree program that meets the requirements of section 2914(c) of the Code. Sponsor-Approved CE Instruction means teaching a sponsored CE course that relates to the practice of psychology as defined in 1397.60(c).  Licensees shall maintain a record of this activity. This record shall include the following: course syllabus, title of course, name of institution, and dates of instruction. | 18 hours maximum | 1 quarter or semester academic course = 18 hours credited |
| **[2.3] Supervision**  Overseeing the professional experience of a trainee who is accruing hours towards licensure as a Psychologist, Marriage and Family Therapist, Licensed Clinical Social Worker, Licensed Professional Clinical Counselor, Licensed Educational Psychologist, or Physician and Surgeon.  Licensees shall maintain a record of this activity. This record shall include the following: dates of supervision and a trainee identifier. | 18 hours maximum | 1 hour of supervision = 1 hour credited |
| **[2.3] Publications**  Publications means authoring or co-authoring peer-reviewed journal articles, book chapters, book(s), or editing or co-editing a book, related to psychology or related discipline.  Licensees shall maintain a record of this activity. This record shall include the following: either a letter of acceptance for publication, or proof of publication with publication date in the renewal period for which it is being submitted. | 9 hours maximum | 1 publication = 9 hours credited |
| **[2.4] Self-Directed Learning**  Independent educational activities focused on maintaining, developing, or increasing conceptual and applied competencies that are relevant to psychological practice, education, or science, such as reading peer-review journal articles or books, watching videos or webcasts, or listening to podcasts.  Licensees shall maintain a record of this activity. This record shall include the following: date(s), medium (e.g. webinar), topic or title, and total number of hours. | 6 hours maximum | 1 hour of activity = 1 hour credited |
| **CPD Learning Category #3 – Sponsored Continuing Education** | | |
| Includes any approved structured, sequenced learning activity, whether conducted in-person or online.  The licensee shall maintain proof of attendance provided by the sponsor of the continuing education. | 27 hours maximum | 1 hour of sponsored continuing education = 1 hour credited |
| **CPD Learning Activity #4 – Board Certification** | | |
| **American Board of Professional Psychology (ABPP) Board Certification**  Can count for 100% of required CE in the renewal cycle that certification is awarded.  The licensee shall maintain proof of specialty certification. | 36 hours | Certification awarded = 36 hours credited |
| **“Senior Option” ABPP Board Certification**  Can count for 50% of required CE in the renewal cycle that certification is awarded.  The licensee shall maintain proof of specialty certification. | 18 hours | Certification awarded = 18 hours credited |

For more detailed information regarding the learning activities, please see the CPD Initial Statement of Reasons <https://www.psychology.ca.gov/laws_regs/cpd_isr.pdf> , and <https://www.psychology.ca.gov/laws_regs/cpd_reg_advisory.shtml>

The BOP developed a tracking from, which can be used with additional documentation verifying your CPD experience <https://www.psychology.ca.gov/licensees/ce_reporting_form.pdf> . A similar form is available from LACPA to track your LACPA CPD activities.