

How to get started

Admission to all Rogers' services starts with a free telephone screening.

To request a screening, call
323-431-3300 or visit rogersbh.org.

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Suite 250
Los Angeles, CA 90056
323-431-3300

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Life-changing mental
health treatment in
Los Angeles



ROGERS
Behavioral Health

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rogersbh.org/LA

The Rogers difference

At Rogers Behavioral Health, we've been helping people find a path to recovery for more than 110 years. We're here to do the same today in the Los Angeles community by providing highly effective treatment and compassionate care for those struggling with mental health.

Patients receive evidence-based, individualized treatment led by board-certified psychiatrists and a multidisciplinary team of experts.

Treatment approach

- Cognitive behavioral therapy (CBT)
- Exposure and response prevention (ERP)
- Behavioral activation (BA)
- Dialectical behavior therapy (DBT) skills
- Individual, group, and family therapy
- Medication management

Levels of care

For a directory of specific program schedules, visit rogersbh.org/directory.

Partial Hospitalization Care (PHP)

6 to 6.5 hours a day, 5 days a week

Intensive, structured treatment that provides more hours of therapy in a week and allows patients to remain connected with family, school, or work. On average, PHP lasts four to six weeks.

Residential treatment

When a patient is in need of more intensive treatment, Rogers offers nationally recognized residential treatment for addiction, depression and other mood disorders, eating disorders, OCD and anxiety, and trauma recovery at campuses in Wisconsin. For more information, visit rogersbh.org.

What we offer

Focus Depression Recovery

Adolescents, Adults

Patients work toward reducing depressive symptoms by learning skills to make changes in behavior and thinking. Using CBT, BA, and DBT skills, patients gradually develop a foundation to cope with life's challenges.

OCD and Anxiety

Children, Adolescents, Adults

Based in CBT, our OCD and anxiety treatment addresses OC-spectrum disorders (such as hair-pulling, skin picking, and body dysmorphic disorder) and related anxiety disorders (such as generalized anxiety, panic, and social anxiety disorders). Staff work one-on-one with patients to develop a thorough exposure hierarchy to gradually gain control over thoughts and situations causing anxiety.

Treatment that works

Learn about Rogers' industry-leading use of clinical outcomes and see results at rogersbh.org/outcomes.