

Resources for Understanding, Navigating, and Processing Anti-Semitism [Bahar Moheban, PsyD]

Resources for Psychologists:

- [Stress & Trauma Toolkit for Treating Jewish Americans in a Changing Political and Social Environment](#) (American Psychiatric Association)
- [Anti-Semitism and Psychiatry: Recognition, Prevention, and Interventions](#) (H. Steven Moffic, John R. Peteet, Ahmed Hankir, & Mary V. Seeman)
[Purchase](#)
[Google Book Preview](#)
- [Invisible Anti-Semitism in Psychology](#) (Kate Miriam Loewenthal)
From [Racism in Psychology: Challenging Theory, Practice and Institutions](#) (Newnes)
- [5 Tips for Talking with Children About Anti-Semitism](#) (Jewish Social Service Agency)
- [Discussing Anti-Semitism: A Guide for Reflection and Conversation](#) (Anti-Defamation League)

Learn:

- [Survey of American Jews since Recent Violence in Israel](#) (Anti-Defamation League)
- [Antisemitism - Anti-Defamation League Definitions](#) (Anti-Defamation League)
- [What is Antisemitism?](#) (United States Holocaust Memorial Museum)
- [Forms of Antisemitism](#) (American Jewish Committee)
- [The State of Antisemitism in America 2020](#) (American Jewish Committee)

Teach:

- [Teaching Materials on Antisemitism and Racism](#) (United States Holocaust Memorial Museum)
- [Antisemitic Incidents: Being an Ally, Advocate and Activist](#) (Anti-Defamation League)
- **Other Educational Resources:**
<https://www.adl.org/education/antisemitism#anchor>
<https://www.adl.org/education-and-resources/resources-for-educators-parents-families>

Act/Advocate:

- [Report an Antisemitic, Bias or Discriminatory Incident](#) (Anti-Defamation League)

- [Anti-Semitism: 90 Ways You Can Respond](#) (Anti-Defamation League)
- [Fighting Anti-Semitism on Social Media](#) (The Jewish Federation of Greater Los Angeles)
- [Do's and Don'ts in Responding to Anti-Semitism on Campus](#) (Anti-Defamation League)
- **Donate:**
 - [The Jewish Federation of Greater Los Angeles](#)
 - [Anti-Defamation League](#)
 - [American Jewish Committee](#)